CANCER SURVIVORSHIP: UP CLOSE & PERSONAL

Angie Patterson Vice President

November 3, 2016



48,670

of our fellow Georgians will be diagnosed with cancer this year



16,840

of our fellow Georgians will die from cancer this year



410,740

Survivors Living in Georgia







Georgia CORE

- Public-Private Partnership that provides higher quality, better organized and more cost-effective care to improve quality of care for cancer patients and quality of life for survivors in Georgia. Georgia CORE's vision is to contribute to the state's distinction s a national leader in cancer care and research and to better health for all Georgians.
- The Board of Directors is comprised of oncologists, scientists, educators and public health professionals from leading cancer centers, and academic medical centers.
- Georgia CORE is supported by:
 - Georgia Department of Public Health
 - Georgia Department of Community Health
 - Georgia Society of Clinical Oncology (GASCO)
 - · Georgia Research Alliance
 - Government and Foundation Grants
 - Private Contributions and Sponsorships
 - Industry Contracts



Why Georgia CORE?

- Collaboration enables cancer providers and researchers to accomplish collectively what they would not be able to achieve independently
- Fostering collaboration means working together to:
 - Conduct research
 - Provide cancer resources
 - Promote cancer prevention and screening
 - Facilitate quality, evidence-based care
 - Accelerating cancer research



Our Partners

- 24 Research Network Affiliates
- 5 Regional Cancer Coalitions
- 340+ Cancer Patient Navigators
- 10 New Breast Cancer Licence Tag Awardees
- 9 Public Health Centers
- 2 FQHCs



Searchable Online Cancer Information Center



Partnership with NCI Certified by Health on the Net

- 900+ Clinical Trials
- 1,014 Oncologists
- 286 Cancer Treatment Sites
- National Treatment Standards and Guidelines
- Community Resources throughout Georgia
- Cancer Survivorship Connection
- Statewide Initiatives



GeorgiaCancerInfo.org



We can help you find...



DOCTORS Find a cancer doctor in GA using our search Georgia's Online Cancer Information Center

We understand that a patient's

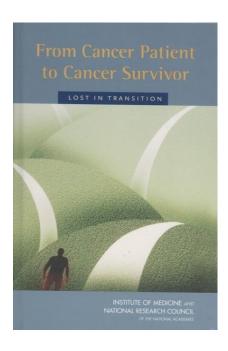




Cancer Survivorship

What is a survivor? From the time of diagnosis, through the balance of his or her life; includes family members, friends, and caregivers (National Cancer Institute)

What is Survivorship? Experience of living with, through and beyond a diagnosis of cancer. (National Coalition of Cancer Survivorship)



Institute of Medicine, 2005

"Health care providers should use systematically developed evidence-based clinical practice guidelines, assessment tools, and screening instruments to identify and manage late effects of cancer and its treatment."



Essential Elements of Survivorship Care, 2011



Statewide Survivorship Initiatives

- 2010 statewide survivorship survey to assess knowledge of national standards, use of Survivorship Care Plans (SCPs) and treatment summaries (TSs), and availability of survivorship resources in Commission on Cancer (CoC) hospitals
 - 78.9% response rate (n=30)
 - 46.7% reported knowledge of the Institute of Medicine (IOM) guidelines
 - 37% indicated they had no survivorship programs
 - 80% enhance networking among cancer centers to share best practices
- 2012 statewide survey to determine readiness to meet CoC guideline for SCP and TS by 2015
 - 62.2% response rate (n=23)
 - 39.1% cancer centers reported providing SCP and/or TS



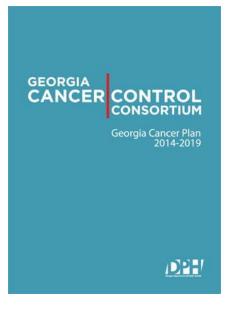
Statewide Survivorship Initiatives

- 2012 & 2013 Convened Cancer Control Steering team to revise cancer plan
 - Engaged Survivorship Working Group
 - Identified two key survivorship initiatives based on previous surveys
 - Improve by 50% number of CoC institutions providing SCP & TS
 - Improve by 50 % quality of life for cancer survivors
 - Determined a need for baseline survye on survivors quality of life



Georgia Cancer Plan 2014 -2015

- 1. Cancer Risk Reduction: Tobacco and Obesity
- 2. Vaccination for Human Papilloma Virus
- 3. Breast and Cervical Cancer Screening
- 4. Colorectal Cancer Screening
- 5.Lung Cancer Screening
- 6. Quality Cancer Diagnosis and Treatment
- 7. Access to Palliative Care and Survivorship
- 8. Patient Case Management and Care Coordination



www.GeorgiaCancerInfo.org/gc3



Statewide Survivorship Initiatives

Statewide Cancer Survivors' Needs Assessment

- Partnership with Rollins School of Public Health & Georgia Cancer Control Consortium Survivorship Working Group
- Develop and implement a survey to assess physical, emotional, practical and spiritual needs & level of distress
- Dissemination 40 CoC accredited hospitals with identified survivorship "champions", 16 survivorship-focused organizations, 5 regional cancer coalitions via email, social media and mail

Poster Presentations:

- American Society of Clinical Oncology (ASCO) Inaugural Cancer Survivorship Symposium (January 2016)
- 8th Biennial Cancer Survivorship Research Conference (June 2016).
- American Public Health Association Annual meeting in (October 2016).
- Manuscript accepted for publication in the Journal of the Georgia Public Health Association

Cancer Survivorship Connection (CSC)

CANCER SURVIVORSHIP CONNECTION

An Initiative of Georgia CORE

- Private Gift from Tom and Karen Chapman
- Comprehensive web portal for survivors, caregivers and healthcare professionals that provides survivorship resources, navigation, tools and support to improve the quality of life for cancer survivors in Georgia
- Funded January 1, 2014 and launched July 23, 2014
- Cancer Survivorship Advisory Board
 - 10 survivors; 3 caregivers; 3 healthcare providers; 3 healthcare professionals
- Poster Presentation: Academy of Oncology Nurse Navigators (AONN+) – October 2015
- Responsive Technology enhancement June 2016

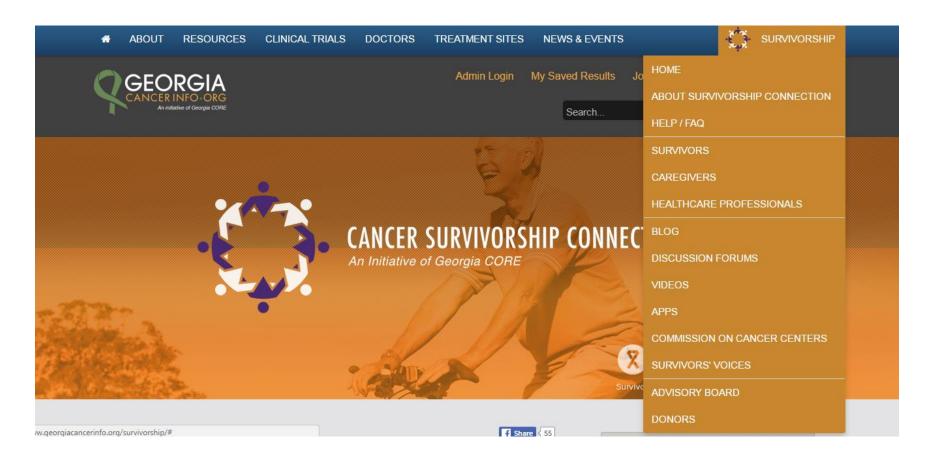


GeorgiaCancerInfo.org/Survivorship





GeorgiaCancerInfo.org/Survivorship





CSC - Survivors



Home ▶ Cancer Survivorship Connection ▶ Survivors

HELP / FAQ

Survivors

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Survivor Home

Nutrition

Mental Health

Physical Activity

Spirituality

Sexuality & Fertility

Symptom Management

Economic & Employment Concerns

Who is a Survivor?

Several nationally recognized organizations have helped define this ubiquitous term *survivor*. The National Cancer Institute (NCI) defines a cancer survivor as anyone who has been diagnosed with cancer, from the time of diagnosis until the end of life. The NCI also factors in the impact of cancer on family, friends, and caregivers of survivors as part of their definition of cancer survivorship. The National Coalition for Cancer Survivorship (NCCS) defines survivorship as living with, through, and beyond cancer.

What exactly is survivorship?





CSC - Caregivers



Home ▶ Cancer Survivorship Connection ▶ Caregivers



Caregivers

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Caregivers Home

Taking Care of Yourself

What is the Survivor Going Through

Educational Resources

Support for Family & Friends

Who is a caregiver?

According to the <u>Family Caregiver Alliance</u>, the first community-based non-profit organization focused on addressing the needs of caregivers, it is estimated that more than 65 million people in the United States provide care for a chronically ill, disabled or aged family member or friend during any given year. Caregivers are a necessary extension of the healthcare team. When a loved one is diagnosed with cancer, assuming the role of caregiver, whether you're a family member or friend, has its unique challenges. With limited research and greater focus placed on the actual cancer survivor herself, the specific needs and overall health of the caregiver often get overlooked.

As the survivorship movement continues to flourish, nationally-recognized organizations like the <u>National Cancer Institute (NCI)</u> acknowledge the important role caregivers play in a survivor's life. In their definition of survivorship, the NCI includes anyone who has been diagnosed with cancer, from the time of diagnosis until the end of life, as well as family, friends, and caregivers of survivors who are impacted by the diagnosis.

In 2010, the American Cancer Society completed an innovative eight year study entitled "National Quality of Life Survey for Caregivers". This first of its kind long-term, nationwide study highlighted several findings regarding caregivers:



CSC - Healthcare Professionals



Home ► Cancer Survivorship Connection ► Healthcare Professionals



Healthcare Professionals

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Healthcare Professionals Home

Most Common Unmet Needs

Care Plan & Treatment Summary

Educational Resources

National Standards & Guidelines

What exactly is cancer survivorship?

Regardless of your personal definition of a cancer survivor, survivorship is recognized nationally as the span of time between an individual's cancer diagnosis and the end of his or her life. Survivorship care has become increasingly important as the number of cancer survivors continues to grow in the US. Research and recommendations by nationally-recognized organizations such as the National Cancer Institute, National Comprehensive Cancer Network, the American College of Surgeons Commission on Cancer, the American Society of Clinical Oncology, and the LIVESTRONG Foundation have blossomed over the last several years. The long-term and late effects of cancer and its treatment have emphasized the need for survivorship programs that address the myriad of physical, emotional, psychosocial, spiritual, and economic concerns experienced by this growing population.

How are healthcare professionals involved in survivorship?

As nationally-recognized organizations continue to release guidelines and recommendations around survivorship care, the diverse role of healthcare professionals has become clearer. Today, cancer survivorship transcends specialties; it is no longer solely dependent upon an oncologist or primary care physician to care for cancer survivors. Further, survivorship expands beyond the physician or nurse to include an array of



CSC - Educational Resources

Home ➤ Cancer Survivorship Connection ➤ Healthcare Professionals ➤ Educational Resources

HELP/FAQ

Healthcare Professionals

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Healthcare Professionals Home

Most Common Unmet Needs

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National Standards & Guidelines

Educational Resources for Healthcare Professionals

Despite limited training in survivorship care, many healthcare professionals both within and outside of the oncology specialty will encounter cancer survivors in their practice. Fortunately, there are several evidence-based resources available to educate healthcare professionals of all types about important information relevant to cancer survivorship. From online webinars to survivorship care plans and treatment summaries, these resources can help guide healthcare professionals in making the best decisions to optimize cancer survivors' quality of life.

With support from the Centers for Disease Control and Prevention, the George Washington University Cancer Institute partnered with the American Cancer Society to develop a <u>Cancer Survivorship E-</u>



<u>Learning series for Primary Care Providers</u>. This is a free continuing education online program that provides an opportunity for primary care providers (e.g. physicians, physician assistants, nurse practitioners, and nurses) to increase their knowledge on cancer survivorship care, specifically in the primary care setting. Continuing medical education credits are available at no cost for each of the 1-hour modules. The following educational modules are available online at http://gwcehp.learnercommunity.com/elearning-series

- . Module 1: The Current State of Survivorship Care and the Role of Primary Care Providers
- Module 2: Late Effects of Cancer and its Treatments: Managing Comorbidities and Coordinating with Specialty Providers
- Module 3: Late Effects of Cancer and its Treatment: Meeting the Psychosocial Health Care Needs of Survivors
- Module 4: The Importance of Prevention in Cancer Survivorship: Empowering Survivors to Live Well
- Module 5: A Team Approach: Survivorship Care Coordination
- . Module 6: Cancer Recovery and Rehabilitation
- Module 7: Spotlight on Prostate Cancer Survivorship: Clinical Follow-Up Care Guidelines for Primary Care Providers
- Module 8: Spotlight on Colorectal Cancer Survivorship: Clinical Follow-Up Care Guideline for Primary Care Providers
- Module 9: Spotlight on Breast Cancer Survivorship: Clinical Follow-Up Care Guideline for Primary Care Providers
- Module 10: Spotlight on Head and Neck Cancer Survivorship: Clinical Follow-Up Care Guideline for Primary Care Providers



Patient Centered Outcomes Research Institute (PCORI)

- PCORI Pipeline to Proposal Award: "Cancer Survivorship Care in Georgia"
 - Co-Leads: Angie Patterson, VP, Georgia CORE; Lanell Bellury, PhD, RN, AOCNS, OCN, Associate Professor, Georgia Baptist College of Nursing, Mercer University



THANK YOU

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